West Cumbrian Run 2010
Sunday 18th July 2010 (9.00am)
Cockermouth to Workington, Cumbria

PERSONAL DETAILS (BLOCK CAPITALS PLEASE)

Name: M F

Address:

Postcode:

Date of Birth: Age on 18/07/10 (Min 16):

Home / Office Phone No.: Mobile Phone No.:

E-mail:

*UK Athletics registration number:

Athletics Club:

Expected Finish Time: hours minutes

ALL APPLICANTS MUST BE AGED 16 YEARS AND OVER ON SUNDAY 18TH JULY 2010 TO TAKE PART

PAYMENT

Closing date for receipt of advance entries for West Cumbrian Run – Sunday 27th June 2010

ENTRY PRICE: *Unaffiliated :* ***£19.50*** *Affiliated:* ***£17.50***

Note: £2 from every entry fee will be donated to the 2010 chosen charity: Great North Air Ambulance.

TOTAL (payment enclosed)

All cheques should be made payable to **BIG-Q EVENTS LTD**

T-SHIRT (included in entry fee) circle required size: S M L XL

PROHIBITIONS: For reasons of safety no entries are permissible from people on cycles, roller skates or in wheelbarrows. No pets, dogs, guide dogs or prams are allowed on the course for the event.
RACE NUMBERS: For safety reasons and for the identification of runners by medical staff, we strictly prohibit the swapping, sale, re-sale or transfer of race numbers. If you are unable to take part please refer to our deferment and transfer policy detailed on the event website.
GENERAL INFORMATION: Runners are NOT required to register before the race. Please check your bank statement for confirmation of entry receipt. The Organisers reserve the right to limit and refuse entries.
MEDICAL ADVICE: If you suffer from any form of medical condition mark the front of your race number with a prominent waterproof cross, and list details of the condition on the back of your race number.
MAILING LIST: Your name will be added to our mailing list so that we can keep you informed about other Big-Q Events and services. This information may also be made available to other carefully screened organisations to contact you. You are entitled to withdraw your consent to this process by ticking the appropriate box on your application form.

DISCLAIMER
To the extent permitted by the Unfair Contract Terms Act 1977, neither Big-Q Events Ltd nor its sponsors, partners or suppliers will be liable for any loss, damage, illness or injury whatsoever directly or indirectly occasioned by or resulting from the negligence, wrongful act or default by Big-Q Events Ltd, its sponsors or their respective servants or agents or from any other cause, including any act of God or the physical condition of the competitor. The applicant also warrants that he or she is fit to take part in the West Cumbrian Run and will be fit to do so on the day of the event. I grant my permission to Big-Q Events Ltd, its sponsors and partners, assigns and licensees to use photographs, motion pictures, recordings, data or any other record of my participation in the West Cumbrian Run for any legitimate purpose without remuneration. I accept that no refund can be given if I do not eventually take part or if the race has to be cancelled or postponed due to circumstances outwith the organiser's control.

Signature: **Date:**

☐ Tick this box if you do not wish to receive promotional material from Big-Q Events Ltd about other related sporting events and offers.

☐ Tick this box if you do not wish your contact details to be passed on to Sponsors or Charities associated with this event.

☐ Tick this box if you have an interesting story to tell about your half marathon entry and we will contact you.

Please send the completed form and payment to the event organisers:
Big-Q Events Ltd, 10-B Cairneyhill Road, Crossford, Dunfermline, KY12 8NZ

Website: www.westcumbrianrun.co.uk **E-mail:** admin@westcumbrianrun.co.uk